Club Records at 1st April 2010

Male

Event	Open	Under 20	Under 18	Under 17	Under 16	Under 15	Under 14	Under 13
100m	Aaron Rouge-Serret 2010 10.17	Gerard Keating 1984 10.32	Reid Pryor 1984 10.5	Richard James 10.5	Richard James 10.7	Michael Morgan 1981 11.3	Shannon White 1987 11.4	Shannon White 1987 11.8
200m	Peter Norman 1968 20.06	Paul Pearce 1996 21.09	Daniel Martin 2007 21.12	Daniel Martin 2007 21.12	Daniel Martin 2005 21.97	Shannon White 1988 23.3	Shannon White 1988 23.3	Shannon White 1987 24.8
400m	Bruce Frayne 1984 45.21	Casey Vincent 1998 45.55	Casey Vincent 1997 46.20	Casey Vincent 1996 47.60	Stephen Orr 1986 50.4	Rod Fry 1981 51.9	Madigan Quinlan 2010 54.16	Madigan Quinlan 2010 54.16
800m	John Higham 1.45.9	Cameron Orr 1985 1.50.2	Cameron Orr 1985 1.50.2	Johnny Rayner 2007 1.51.50	Johnny Rayner 2007 1.53.31	Johnny Rayner 2005 2.00.78	Chris Downie 2003 2.05.56	Madigan Quinlan 2010 2.07.51
1500m	Ken Hall 1975 3.36.6	Mark Blicavs 2009 3.51.0	Ryan Geard 2009 3.54.38	Darrell Pommeroy 1990 3.54.7	Ryan Geard 2008 4.02.71	Luke Mathews 2010 4.10.20	Neville Jordan 1984 4.15.9	Luke Mathews 2006 4.34.58
3000m	Ken Hall 1977 7.56.8	Ryan Mathews 2008 8.16.71	Ryan Geard 2009 8.34.6	Ryan Geard 2009 8.34.6	Ryan Geard 2008 8.53.67	Luke Mathews 2009 9.14.05	Luke Mathews 2009 9.33.7	
5000m	Ken Hall 1980 13.31.2	Liam Adams 2005 14.30.93	Liam Adams 2004 14.50.57					
10000m	Liam Adams 2009 28.48.96	Liam Adams 2004 31.12.84						
Marathon	Michael McIntyre 2.19.23							
80m hdl							D. Martin-Alcaide 1994 12.76	Michael Morgan 1979 12.9
90m hdl								Nathan Blair 2008 15.53
100m hdl						Daniel Martin 2004 13.94		
110m hdl	Daniel Martin 2009 14.08	Daniel Martin 2009 13.60	Daniel Martin 2007 13.75	Daniel Martin 2007 13.75				
200m hdl					Daniel Martin 2005 24.73		D. Ancrum 28.4	
400m hdl	Don Hanley 1976 49.8	John Roche 1980 51.57	Mark Longmuir 1984 53.60	Mark Longmuir 1984 53.60				
2000m stch		Craig Logan 1982 5.51.6	Mark Blicavs 2008 6.07.17	Tim Readwin 1983 6.18.5	Tim Readwin 1983 6.19.4			
3000m stch	Craig Logan 1986 8.44.0	Craig Logan 1982 9.04.8						
1500m walk	Andrew Jachno 1984 5.33.8	Andrew Jachno 1982 5.37.5	Chris Erickson 1998 6.16.00	Chris Erickson 1998 6.16.00	Chris Erickson 1997 6.26.0	Chris Erickson 1996 6.47.07	Connor McShanag 2009 7.04.57	Timucin Girgin 2004 7.11
2000m walk*	(Min to exceed 3000m rate 7.31)	(Min to exceed 3000m rate 8.06)			Chris Erickson 1997 8.55.5	Timucin Girgin 2006 9.33.33	Timucin Girgin 2005 9.48.9	Timucin Girgin 2005 9.51.99
3000m walk	Andrew Jachno 1991 10.56.24	Andrew Jachno 1982 12.09.95	Chris Erickson 1998 13.29.45	Chris Erickson 1998 13.29.45	Timucin Girgin 2006 14.34.29	Timucin Girgin 2006 14.34.29	Connor McShanag 2010 15.18.64	Timucin Girgin 2004 16.24
5000m walk	Andrew Jachno 1991 19.09.95	Andrew Jachno 1982 21.30.5	Chris Erickson 1998 23.09.95	Chris Erickson 1998 23.09.95	Timucin Girgin 2006 25.42.48	Timucin Girgin 2006 25.42.48		
10km walk	Andrew Jachno 1991 39.25							
20km walk	Andrew Jachno 1990 1.20.43							
30km walk	Andrew Jachno 1990 2.09.09							
50km walk	Andrew Jachno 1988 3.53.23							
High Jump	John Knight 2.11	Peter Reddan/Steven Orr 2.05	Steven Orr 1987 2.05	Steven Orr 1987 2.05	Steven Orr 1986 2.00	Steven Orr 1986 2.00	Steven Orr 1984 1.90	Michael Morgan 1978 1.60
Pole Vault	Robert Huddle 4.90	David Jacobs 1998 4.80	David Jacobs 1996 4.30	David Jacobs 1995 4.20	David Jacobs 1995 3.50	Reid Pryor 3.00	Reid Pryor 2.70	
Long Jump	Michael Morgan 1985 7.68	Michael Morgan 1985 7.68	Michael Morgan 1983 7.64	Michael Morgan 1982 7.34	Michael Morgan 1982 7.17	Michael Morgan 1981 6.90	Michael Morgan 1979 6.14	Michael Morgan 1978 5.35
Triple Jump	Alwyn Jones 2009 16.83	Paul Cleary 15.30	Michael Morgan 1983 14.92	Michael Morgan 1982 14.41	Andrew Johnston 1997 13.99	Andrew Johnston 1996 13.20	Andrew Johnston 1995 12.30	Dylan Johnson 2009 11.50
Shot Put	Phil Nettle 1980 18.26	Matthew Young 1994 14.97	Matthew Young 1992 16.75	John Minns 1982 18.62	John Minns 1982 18.62	Matthew Young 1989 15.26	Matthew Young 1988 17.51	Michael Morgan 1978 12.96
Discus	Phil Nettle 1981 56.68	Drew Sayner 1997 45.54	Matthew Young 1992 51.70	Matthew Young 1992 51.70	Matthew Young 1989 61.64	Matthew Young 1989 61.64	Matthew Young 1988 49.38	Michael Morgan 1978 33.0
Javelin	Jarrod Bannister 2007 83.70	Cameron Graham 1991 67.94	Michael Morgan 1983 62.84	Michael Morgan 1983 62.84	Michael Morgan 1981 55.31	Matthew Young 1988 56.26	Matthew Young 1988 56.26	Michael Morgan 1979 36.36
Hammer	Russell Devine 1999 66.07	Grant Dunt 1990 57.88	Grant Dunt 1988 56.84	Michael Morgan 1982 55.66	Matthew Young 1990 54.26			
Decathlon	Nick Foley 1997 7249	Michael Morgan 1983 6599	Michael Morgan 1983 7118					

Female

Event	Open	Under 20	Under 18	Under 17	Under 16	Under 15	Under 14	Under 13
100m	Suzanne Broderick 2000 11.57	Tamsyn Lewis 1994 11.60	Tamsyn Lewis 1994 11.60	Tamsyn Lewis 1994 11.60	Nicole Wilson 1998 11.9	Ilana Grandine 2004 12.44	Ilana Grandine 2004 12.44	Ilana Grandine 2004 12.65
200m	Laura Humphreyis 1992 23.90	Laura Humphreyis 1992 23.90	Laura Humphreyis 1992 23.90	Tamsyn Lewis 1994 23.91	Tamsyn Lewis 1994 23.96	Nicole Wilson 1996 25.0	Laura Humphreyis 1989 25.6	Ilana Grandine 2004 26.68
400m	Tamsyn Lewis 1994 52.9	Tamsyn Lewis 1994 52.9	Tamsyn Lewis 1994 52.9	Tamsyn Lewis 1994 52.9	Tamsyn Lewis 1994 52.9	Nicole Wilson 1996 56.23	Erin Rayner 2008 60.20	Bethany Rayner 2009 61.55
800m	Margaret Crowley 1996 1.59.6	Erin Rayner 2010 2.09.47	Erin Rayner 2010 2.09.47	Erin Rayner 2010 2.09.47	Erin Rayner 2010 2.09.47	Erin Rayner 2009 2.15.20	Erin Rayner 2008 2.16.24	Erin Rayner 2007 2.20.24
1500m	Sarah Jamieson 2006 4.00.93	Linden Hall 2006 4.27.56	Linden Hall 2006 4.27.56	Linden Hall 2006 4.27.56	Linden Hall 2006 4.27.56	Erin Rayner 2007 4.35.85	Erin Rayner 2007 4.35.85	Erin Rayner 2007 4.43.31
3000m	Sarah Jamieson 2007 8.48.81	Linden Hall 2007 9.39.65	Linden Hall 2007 9.39.65	Linden Hall 2007 9.39.65	Linden Hall 2007 9.39.65	Linden Hall 2005 10.05.94	Erin Rayner 2008 10.31.0	
5000m	Sarah Jamieson 2006 15.02.90							
10000m	Anne Cross 2000 32.48							
Marathon	Isabella de Castella 2000 2.45.25							
80m hdl							Lisa Ward 13.2	
90m hdl					Kerri Briant 13.51			
100m hdl	Kym Burns 1999 13.73	Helen Powlowski 13.85	Helen Powlowski 13.85					
200m hdl					Kristen Hodges 29.35	K. Milner 30.94		
400m hdl	Sarah Evans 2006 62.57	Sarah Evans 2006 62.57	Michaela Asciak 2009 64.08	Michaela Asciak 2009 64.08	Michaela Asciak 2009 64.08			
2000m StCh			Alanah Hayes 2010 7.09.06	Alanah Hayes 2010 7.09.06	Alanah Hayes 2010 7.09.06	Alanah Hayes 2009 7.12.86	Alanah Hayes 2008 7.20.74	
3000m StCh	Catherine Ewels 11.00.41	Jane Ewels 11.18.00						
1500m walk					Eda Girgin 2005 7.22.80	Eda Girgin 2005 7.22.80	Eda Girgin 2004 7.26.1	Caitlin Campbell 2006 7.33.98
2000m walk*	Carma Watson 2005 8.58.39	Erin Adamcewicz 2000 9.22.05	Erin Adamcewicz 2000 9.22.05		Eda Girgin 2005 10.20.35	Eda Girgin 2004 10.24	Eda Girgin 2004 10.24	Caitlin Campbell 2007 10.29.6
3000m walk	Carma Watson 2005 13.41.76	Erin Adamcewicz 2001 14.17.25	Erin Adamcewicz 2001 14.17.25	Eda Girgin 2005 15.53.87	Eda Girgin 2005 15.53.87	Eda Girgin 2005 15.53.87	Eda Girgin 2004 16.40.12	
5000m walk	Carma Watson 2006 24.10	Vanessa Arcadi 1998 25.58	Eda Girgin 2006 26.43	Eda Girgin 2006 26.43	Eda Girgin 2006 26.43	Eda Girgin 2005 28.21.34		
High Jump	Belinda Blay/ Leah Alexander 1998 1.86	Belinda Blay/ Leah Alexander 1998 1.86	Leah Alexander 1998 1.86	Leah Alexander 1998 1.86	Leah Alexander 1997 1.82	Anna Deery 1.60	Tamara Mancuso 2009 1.55	Tamara Mancuso 2008 1.50
Pole Vault	Fiona Flessner 1999 2.45	Fiona Flessner 1999 2.45	Fiona Flessner 1997 2.40	Fiona Flessner 1997 2.40				
Long Jump	Kym Burns 1999 6.49	Kristen Hodges 1997 5.84	Kristen Hodges 1997 5.84	Kristen Hodges 1997 5.84	Kristen Hodges 1997 5.84	Nicole Wilson 5.45	Kristen Hodges 1995 5.13	
Triple Jump	Marie Viduca 1998 13.54	Meggan O'Riley 2008 12.86	Catherine Coventry 2006 11.84	Catherine Coventry 2006 11.84	Catherine Coventry 2006 11.84	Natalie Pavlic 1998 11.14	Natalie Pavlic 1998 11.14	
Shot Put	Alesha Sayner 1998 13.64	Alesha Sayner 1998 13.64	Alesha Sayner 1998 13.64	Alesha Sayner 1998 13.35	Alesha Sayner 1997 13.29	Anna Derry 10.40	Paige West 10.32	
Discus	Alesha Sayner 1999 52.29	Alesha Sayner 1999 52.29	Alesha Sayner 1999 52.29	Alesha Sayner 1998 50.45	Alesha Sayner 1996 50.28	Alesha Sayner 1996 46.04		
Javelin	Petra Rivers 1972 69.28	Petra Rivers 1970 61.76	Petra Rivers 1970 61.76	Petra Rivers 1966 48.80	Petra Rivers 1966 48.80	Petra Rivers 1966 48.80	Nicole Dunt 24.88	
Hammer	Emma Torney 2002 40.54	Alesha Sayner 1998 40.10	Alesha Sayner 1998 40.10	Alesha Sayner 1998 37.21				
Heptathlon	Claire Thompson 2004 5390							